

1. Definitions

- a. Abnormal behavior-
 - i. Antisocial
 - ii. Out of the ordinary/questionable
- b. Psychological problem
- c. Mental health problem
- d. Mental disorder
- e. Mental illness
 - i. Spectrum
 - ii. Labeling
 - iii. Negative

2. Popular myths

- a. Always bizarre
 - i. Continuum
 - 1. Some things are more extreme than less and not always prominent
- b. Different in kind from normal
 - i. Cannot put people in a category?
- c. Unstable, dangerous
 - i. Rarely true but when it happens it gets a lot of attention
 - 1. Often less likely to commit crimes
 - 2. Often have detrimental behavior focused internally
- d. Source of shame
- e. Due to weak character/faith
 - i. People are not their disease
 - ii. Stereotypes

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