

Motivation and Affect



WEEK 10.1

Quick Review



- Intrinsic motivation linked to higher learning gains
- “over-justification effect” (extrinsically reinforcing an activity that is intrinsically reinforcing undermines interest)
- Effort = expectation of success X degree of value placed on the task

Incremental and Entity Intelligence



- **Incremental View**
 - Ability is seen as something that can be improved through effort and is subject to change
- **Entity View**
 - Ability is seen as a stable characteristic