

M can come in various designs and styles, ranging from simple bands to more intricate designs with patterns, engravings, or gemstone embellishments. It can be worn individually or in pairs, depending on cultural practices and personal preferences.

In some cultures, M is considered a vital symbol of marriage and is worn as a sign of being married. It is often worn by married women in India, for example, as a symbol of their marital status. In other cultures, M may be worn for fashion or personal style, without any specific cultural or marital significance.

M is typically worn on the second toe, either alone or in combination with other toe rings or foot jewelry. It is usually worn on the left foot in some cultures, while in others, it may be worn on the right foot. Wearing M is often a matter of personal preference and cultural practices.