

Left Adrenal Gland

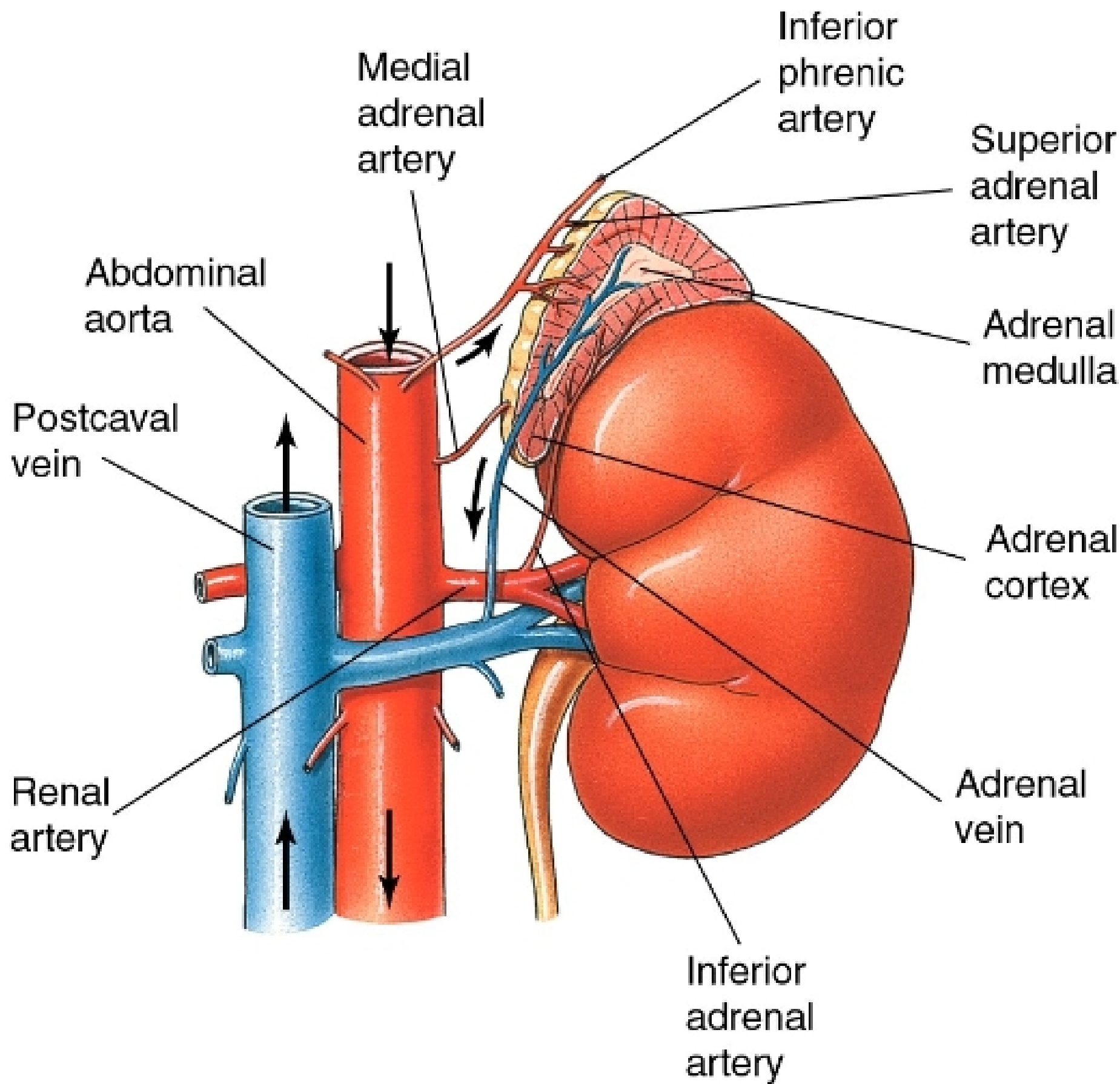


Table 9-7 Metabolic and developmental hormones

Hormone	Tissue of origin	Structure	Target tissue	Primary action	Regulation
Glucagon	Pancreas (alpha cells)	Peptide	Liver, adipose tissue	Stimulates glycogenolysis and release of glucose from liver; promotes lipolysis	Low serum glucose increases secretion; somatostatin inhibits release
Glucocorticoids (e.g., cortisol)	Adrenal cortex	Steroid	Liver, adipose tissue	Stimulate mobilization of amino acids from muscle and gluconeogenesis in liver to raise blood glucose; increase transfer of fatty acids from adipose tissue to liver; exhibit anti-inflammatory action	Physiological stress increases secretion; biological clock via CRH and ACTH controls diurnal changes in secretion
Growth hormone (GH)	Anterior pituitary	Peptide	All tissues	Stimulates RNA synthesis, protein synthesis, and tissue growth; increases transport of glucose and amino acids into cells; increase lipolysis and antibody formation	Reduced plasma glucose and increased plasma amino acid levels stimulate release via GRH; somatostatin inhibits release