

PENNSYLVANIA STATE UNIVERSITY



PHYSICAL WORK CAPACITY

{ CIRCULATORY \Rightarrow }
{ RESPIRATORY $\overline{O_2}$ }

IE 553

Engineering of Human Work

Dr. Andris Freivalds

Class #26

PENNSSTATE



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Physical Work Capacity

(A&R, Ch.7,8,11)

Work Capacities (Demands)

- Aerobic (with oxygen)



- Anaerobic (no oxygen)



IMMEDIATE
PRECURSOR

