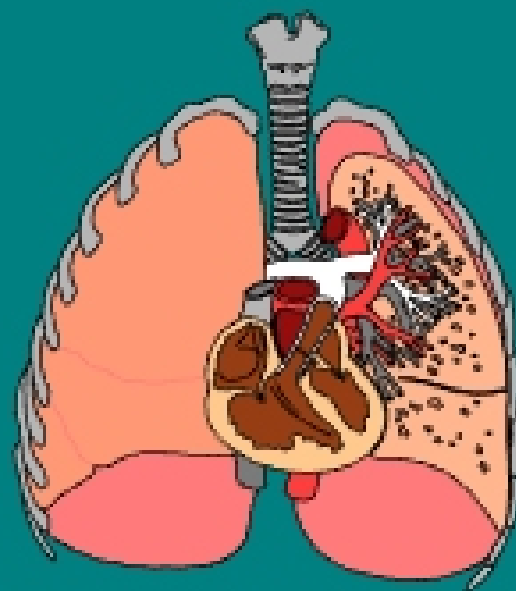



Chapter 11: Heart Healthy Reducing Your Risk of Cardiovascular Disease



CV - DISEASE



#1 Cause of Death

The Heart

- 4 chambers (atrias/ventricles)
- Size of a fist
- Weighs about 10-12 ounces (avg adult)
- Function: pump to create pressure for blood movement

