

Ed.M./M.A. in Counseling Program
Department of Educational Leadership and Counseling Psychology
College of Education
Washington State University
School Counseling Professional Growth Plan
CoPsy 532 Issues in School Counseling II
CoPsy 535 Master's Internship in School Counseling

School Counseling Candidate's Name:

CoPsy 532 or CoPsy 535 Instructor's Name:

Date:

As a school counselor candidate and student in CoPsy 532 Issues in School Counseling II, *please identify one or more goals in each of twelve areas*. These areas parallel the residency level benchmarks for school counselors in Washington. You may find it helpful to review your completed School Counselor Candidate Self-Efficacy Assessment and the areas you in which you wanted to become more confident. *The completion of the Academic/Learning Curriculum Implementation Project, the Personal/Social Curriculum Implementation Project, and the Career/Vocational Curriculum Implementation Project during the internship year must be included as goals by all students*. The goals in this professional development plan will be helpful in CoPsy 535 Master's Internship in School Counseling when you develop your school internship learning objectives and goals in consultation with your on-site supervisor.

1. In order to develop knowledge and skills related to the **foundations for the school counseling profession**, my goals include:

Examples of possible goals include: learning about the school counseling program and how it supports the mission of the school; reviewing and discussing school district policies relevant to school counseling; or participating in a school improvement plan (SIP) process.

2. In order to develop knowledge and skills related to **school counseling and student competencies**, my goals include:

- a. Academic/Learning Curriculum Implementation Project assessing the needs of students in the academic domain, developing/implementing a counseling program curriculum and using an accountability process to look at a critical data element that I am trying to impact.
- b. Personal/Social Curriculum Implementation Project assessing the needs of students in the personal/social domain, developing/implementing a counseling program curriculum and using an accountability process to look at a critical data element that I am trying to impact.
- c. Career/Vocational Curriculum Implementation Project assessing the needs of students in the career/vocational domain, developing/implementing a counseling program curriculum, and using an accountability process to look at a critical data element that I am trying to impact.

Examples of other possible goals include: learning classroom management skills in the context of classroom guidance; learning how to use student records during educational and career planning; or assisting teachers with the development of students' problem-solving, goal setting and decision making.

3. In order to develop knowledge and skills related to **human development**, my goals include:

Examples of possible goals include: consulting with parents, caregivers, or staff about developmental needs and developmentally appropriate practices that support students' growth in academic, career and personal/social domains; or helping students develop interpersonal skills for school, family and community contexts

4. In order to develop knowledge and skills related to **counseling theories and techniques**, my goals include:

Examples of possible goals include: counseling individual diverse student learners using appropriate theories and techniques; counseling small groups using appropriate theories and techniques; applying career development theory in educational planning; or learning how and when to make referrals.

5. In order to develop knowledge and skills related to **equity, fairness and diversity**, my goals include:

Examples of possible goals include: modeling, demonstrating and advocating for equity fairness and diversity for students, staff, parents/caregivers, and community members; or learning about special education and participating in IEP meetings.

6. In order to develop knowledge and skills related to **school climate** my goals include:

Examples of possible goals include: learning about prevention programs for bullying/harassment, violence or substance abuse; learning about the school's comprehensive safety plan; working with peer helper and student leadership programs; helping with new student orientation/integration; or learning about policies and procedures for child abuse reporting.

7. In order to develop knowledge and skills related to **collaboration with school staff, family and community**, my goals include:

Examples of possible goals include: designing a formal written communication to school staff, family or community; referring students to in-district services and community social service providers; working with teachers and administrators on students' behavior management strategies; attending meetings of school counselors; learning about commonly used medications for school-aged children; or discussing laws and regulations about information sharing with the on-site supervisor.

8. In order to develop knowledge and skills related to **information resources and technology**, my goals include: