

Cognitive and Social Influences on Development



WEEK 3.2

Social Cognition



- Learning happens in the context of relationships
- Social information processing: mental processes involved in making sense of and responding to social events
 - Social development depends on cognitive development
- Piaget 3 mountain problem:
- Ask child to walk all the way around the mountain
- Ask what the doll can see
 - Test the child's theory of mind- self constructed belief of others beliefs or perspective
 - Egocentrism - inability to disentangle their own experience from others

Vygotsky



- **Socio-cultural theory**
 - Adults foster children's cognitive development in an intentional and sometimes systematic way
- **From external regulation to internal regulation**
- **From more dependent regulation to more autonomic**
- **Self-talk**
 - Talk to ourselves to figure out what to do or what is going on and verbalize what we know