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Sexuality and Disabilities

I never thought I would get to understand how people with disabilities go on with their daily lives because I personally don't have any of my friends with a disability. It's not that I don't try to be friends with them, but they just don't want to be my friend. To me it seems that these people don't make friends easily or are afraid that others will judge them because of their disability. I personally believe that everyone is equal and should be treated equal just like anyone else. We shouldn't be quick to judge a person because of their physical or physiological flaws. A person who is paralyzed could have done something heroic by saving another person's life before his or her own. Someone who is born with a genetic defect like autism or Down syndrome are not entitled to humiliation and shouldn't be blamed for the way that they are. We all have flaws and as human beings we learn to accept our flaws as apart of our selves and don't let others bring you down. This assignment is an eye opener because it makes people like me realize how lucky we truly are and that we shouldn't take our lives for granted because people who have disabilities would do anything to be in our place. Learning and understanding about people with different disabilities is a great way to become aware of people around you that are affected and a way for you to accept them

instead of judge them. Watching all the videos about disabled people's life stories makes me feel closer to them because at the end of the day they are all people just like me or anyone else. They just want to be understood and their wants and needs are also just like anyone else's'. If people could actually widen their perspective about people with disabilities, you would see them as a person you could possibly consider as a lover instead of someone or something you can't imagine being with because of their disability. I can't say I was one hundred percent judgmental against people with disabilities, but after reading about all different types of disabilities people face, I've become more understanding and less judgmental about people around me in general. I consider this life changing in terms of being educated and seeing life in a new perspective. I strongly believe that schools at a middle and high school level should be educated about this matter so that way they can become understanding of others or at least aware of people who are different from them.

Your sexuality turns no blind eye to this topic at hand either because it doesn't matter if you're straight, gay, lesbian, transgender, transsexual, asexual, or queer people will still be affected the same. People growing up with a disorder can affect their childhood tremendously and it's the job of the parents to make sure their kids are being taught about their disability and getting them to understand that being different is not something they should be shamed about. This is where the birthplace of avoidant, ambivalent, or secure personalities arises and how the parent's teaching their kids affects them throughout adulthood. Not only that but

parents in general should teach their kids not to treat kids with disabilities in a disrespectful or derogatory manner. Occasionally, I hear people with disabilities become more depressed, suicidal, or aggressive because of other people mistreating them. If people could switch places with the people who they mistreat, the world would be a little more understanding and a better place. After hearing the stories, I feel so inspired by them and we can all learn something from their stories.

Furthermore, disabilities don't stop with just sexuality; it affects people's sexual lives as well. Every single disability is different and affects people in different ways. For example, a person with multiple sclerosis will most likely have a difficult time being intimate, sexually aroused by their partner, or reaching orgasms because of they get fatigued easily, anxiety, loss of sex drive, increased sensitivity to touch, not being able to lubricate for females, and other changes in the body. In comparison, a person with epilepsy will often have a difficult time participating in sexual activities. A person with this disease are typical of normal symptoms such as low level of sexual desire, having difficulty becoming sexually aroused, or experiencing pain during intercourse and not feeling good. A lot of people facing epilepsy are fearful of sex because of these reasons: they fear seizing during sexual intercourse, especially for men because it can limit a man's erection; they will have to take medication prescribed by a doctor, which can be nuisance to depend on for every time you want to have sex; people with epilepsy can have