

Review for Exam 1 – HES 3523 Human Sexuality – September 12, 2012

75 multiple choice questions

Define (all from text & class):

- Norm/Norms- cultural rules/standards
- Schema (**filter**)- interrelated ideas that helps individuals process information by organizing it in useful ways.
 - Valuable tool in processing information like a filter
 - Recall/what comes to our mind due to cultures, experiences.
- Menstrual effects-
- premenstrual discomfort- mild discomfort experienced by 75%
- Survey-method gathering information from small group to make inferences about a larger group
- Sexual stereotypes-what we see, notice/remember, how we explain things
 - Social construct
 - Affects the way in which we process information
 - Overgeneralized ideas/beliefs of people or things
 - Social construct+schema= stereotypes
- Amenorrhea- absence of menstruation, unrelated to aging
- Menarche- onset of menstruation
- Perimenopause- a period gradual changes and adjustments a women's body goes through prior to menopause, before menstruation stops completely
- Menopause-complete cessation of menstruation
- Circumcision-surgical removal of foreskin which covers glans penis
- Semen-ejaculated fluid containing sperm
 - Aka seminal fluid
- Ovulation-release of an **oocyte** from ovary during ovarian cycle
- Normal- conforms to a groups typical pattern/behavior
- Acculturation-process of adaptation by an ethnic group to the attitudes, behaviors, and values of the dominant culture
- Correlation-
 - some relation between the two
 - a relationship between variables
 - varied strengths
 - DOES NOT IMPLY CAUSATION (one does not cause the other)
- PMS- premenstrual syndrome
 - a set of severe symptoms associated with menstruation
- PMDD-premenstrual dysphoric disorder
 - Severe premenstrual symptoms, sufficient enough to disrupt woman's functioning
- Typical/Atypical- Normal/abnormal

Be familiar with:

- the model of Holistic Sexuality (class): components of the Intimacy sphere (class)
 - **Intimacy Sphere:**
 - experience of emotional closeness to another human being and having the feeling returned
 - Caring
 - Sharing
 - Loving/Liking
 - Risk taking
 - Vulnerability

- Self-disclosure
 - Trust
- key sexologists of the 20th Century –the primary thing for which each is known & the form of research that most characterized their work (class & text) e.g., Sigmund Freud: psychoanalysis & the role of sexuality in personality development, case study
 - **Sigmund Freud**
 - psychoanalysis & the role of sexuality in personality development, case study
 - considered sexuality's role in personality development
 - saw sexuality as a basis for neuroses-sexuality could develop mental disorder
 - had inadequate descriptions of female sexuality
 - 5 stages in psychosexual development:
 - Oral Stage
 - Anal Stage
 - Phallic stage
 - Latency Stage
 - Genital stage
 - **Alfred Kinsey-respect to field of sexology**
 - Survey methodology
 - Found human sexual behavior to be highly diverse
 - Emphasized role of masturbation
 - Distinction of normal/abnormal behavior was meaningless
 - Brought respect and respectability to the field of sexology
 - Studied entomology
 - Two books: *Sexual Behavior in the Human Male/Female*
 - Destroyed human belief of sex as innocent and virtue
 - Portrayed public sex behavior vs. actual sex behavior
 - Changed way we looked at sex and freed people from stigma of abnormality
 - **William Masters & Virginia Johnson**
 - Studied physiology of sexuality
 - Laboratory observation
 - Promoted behavioral therapy
 - Sex problems not due to personality disorders
 - Women can receive orgasm through clitoral stimulation
 - Sexual response cycle- 4 phases
 - Male/female same cycle
 - Excitement phase
 - Plateau phase
 - Orgasmic phase
 - Resolution phase
 - **Evelyn Hooker**
 - Removed homosexuality as a disorder
 - Landmark research showed that homosexuality was not a psychopathology
 - **Michel Foucault**
 - Focus on gender
 - Viewed human sexuality as a social construct (no difference in men/women or gay/straight or what they are made up of)