

**Some counseling approaches recommend that the counselor should take more of a passive role, and other approaches suggest that the counselor be very active. Do you think that a counselor should be an active participant in the treatment of his or her clients? Why or why not?**

I believe that when a person or client gets to the point of trusting someone, meaning working with counselor or therapist. That being active in client's treatment can mean the change will come in steps. The client being there should not to minimize the reasons for the help but also, and the challenges that will come when breaking down some of the barriers, and that the client can feel comfortable being able to confront his own issues when in a certain situations.

As of recent, and going through a lengthy divorce, I needed some help, of sorting my own personal feelings. Seeing a therapist, helped me deal with a lot of the pain, just being able to vent to someone that no knowledge of my situation, and to give me feed back, from a different perspective, to help me move on with my life, and not to carry any guilt from something that I had no control of.

I feel that the both approaches have there place in certain situations, and that we are all not from a cookie pattern or the same. Those different approaches will help the patient, and hopefully bring a peace and relief to the patient.

## Response 2

This is a very controversial question because it can go either way. Some people feel that counselors should have a say in what their client's treatments and others feel that they shouldn't be involved with their treatment. I think that counselor should take a more active role in their client's treatment. Counselors are the people who have a relationship with their clients they are the ones that know their stories and situations. They know how their clients respond and act towards certain situations, and memories. I think in order for treatment to be effective that all aspects need to be considered, and all types of help need to have input to make sure that the person is getting the correct type of treatment and assistant. I think when a counselor input is not used for treatment it undermines what the counselor is contributing to that client and its going unnoticed and it can really be beneficial to the type of treatment the person receives. If a counselor took a passive role they wouldn't really counseling, they would be like an average friend listening and giving useless advice. Counselors are trained, they are have went to school and are aware of the theories before they start counseling someone.