

Article Discussion Week 2

BSHS 311

Laura Boyd-

This case was a behavioral health screening tool. This was addressed in North Carolina of Human Services of social services. This new beginning

partnership was working with mental health and juvenile justice, DSS child welfare social worker. This screening tool was funded by Medicaid to prevent children from having to enter DSS custody for mental health services. Effective march 1, 2001 this DSS tool for child welfare staff can be used for children at risk.

The time frame this tool can be used is the same time frame as a physical exam within seven days. If a child is not already established with DSS then the time frame tool can be used as long as the human service worker feels the child is at risk.

They are four screening tools that are available to use:

1. Stressful life events review- this provides a brief overview of the circumstance in the life of the child. This tool can be used as often as life changes happen.
2. Pediatric emotional behavioral and developmental screening tool- is from birth to 5 years old. This screening tool observes the emotional behavior and development problems. This screening can be done by the DSS worker, foster parents or parents.
3. Pediatric symptom screening tool- this screening tool for ages 6-18 yrs old. This is used for early intervention of psychosocial difficulties. This tool can include help from foster parents, schools, parents, and DSS workers.
4. POSIT- teen focused screening tool. This screening tool is mainly focused on substance abuse.

Becky Forsberg-

All children eligible for this program works with many people joined together to develop the specific plan for the individual needs of the children in this program. This article is about cognitive-behavioral therapy this type of therapy is useful in treating a wide variety of problems. Some of things this is used for are mood disorders, anxiety disorders, substance abuse disorders, and psychotic disorders. Cognitive-Behavioral Therapy or CBT is an empirically supported treatment that focuses on patterns of thinking that are maladaptive and the beliefs that underlie such thinking. One thing that stands out in this type of therapy is that the therapist is active, problem-focused, and goal-directed.

CBT is a useful tool along with medication for example depressions working together patients have amazing progress in preventing relapse. With CBT patients are taught how to restructure negative thought patterns and are able to interpret their environment in a better way. Some of the important studies for Cognitive-behavioral therapy has come over the past few years for schizophrenia and received a lot of attention in the United Kingdom.

In this treatment, patients are encouraged to identify beliefs and their impact and to engage in experiments to test their beliefs. Treatment focuses on thought patterns that cause distress and also on developing more