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CCR: COUN 4080-003

Class: Essentials of Helping Relationships

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## Ethical Issues

### Types of Ethics

- Mandatory Ethics - EX do not sleep with client
- Aspirational Ethics- what you strive to interpret. EX is when you have to decide whether to report a person who has six months to live and they are deciding whether or not to use a feeding tube to extend that life for a little bit
- Positive Ethics - EX be helpful, respect client's values

### Values

- A.4. Avoiding Harm and Imposing Values
  - This means that the counselor cannot discriminate against who they see as a client

### Multiple Relationships

- Dual or multiple relationship
  - Not always bad, but tricky to navigate
  - You may go to client's parent's funeral or the client's graduation if it is for their therapy
  - After five years after termination of therapy, you may develop a relationship if you want, but you have to mark in their chart why you think it is a good idea

### Confidentiality

- When is okay for a therapist to disclose information about the client
  - If client agrees
  - Elder abuse
  - Child abuse
  - Homicidal thoughts
  - Suicidal thoughts
  - Client is a child
  - Mandated to therapy

## Technology

- Licensure for counselor must be from where the client lives, so Robin cannot skype someone in California to counsel them