

- **Psychology 1010-009. Class notes 9/2/14 Professor: Raymond**

- Why is the way we conduct research important?
- Facilitated communication
- Prefrontal Lobotomy
- Like scientific thinking, good research designs protect against several cognitive biases

### **Two modes of thinking**

- **System 1 (intuitive)**

**Fast**

**Utilizes heuristics**

**Heuristic: A mental shortcut or rule of thumb that helps us to streamline our thinking**

- **System 2 (analytical)**

**Slower and deliberate**

**Often thought to “over ride” system one**

\* System 1 processing and heuristics usually lead to correct answers with minimal effort, but there are instances when these can cause an error in judgement

\*What direction would you have to travel to go from Reno, Nevada to San Diego, California?

Answer: South-East

\* Proper research designs in scientific thinking encourage the use of system 2 processing

### **Validity:**

- External Validity

Extent to which we can generalize findings to real- world situations

- Internal Validity

Extent to which we can draw cause and effect relationships from studies

- Construct Validity( Called just validity in your text)

Extent to which a measure asses what it claims to measure

### **Reliability:**

- Reliability:

The consistency of a measure (i.e. does it record similar responses over time).

- **Interrater Reliability:**  
Extent to which different raters ( Interviewers, data coders, observers) agree on the characteristics they are measuring

### **Generalizability:**

- **Generalizability:**  
Degree to which the results from a study can be said to represent the entire population from which a sample was drawn
- **Random selection**  
Procedure that ensures every person in a population has an equal opportunity to be chosen to participate in a study  
This is key if we want to generalize the findings of a study to the entire population

### ▪ **Self report measures and surveys**

Ask participants to report on themselves

Personality traits, mental illness, traits, interests, opinions ect.

Not necessarily asking participants directly about a topic

The construct validity and reliability of the survey/questionnaire used is also extremely important

#### ▪ **Advantages**

Easy to administer

People often have insight into their behavior that others cannot observe

#### ▪ **Disadvantages**

People don't always have full insight into their behavior however

Assume people are honest in their responses

#### ▪ **Response Set: Participants distort their responses to questionnaire items**

Often to paint themselves in a more positive light

### **Types of research design**

#### ▪ **Naturalistic observation:**

Watching participants behavior in real-worlds settings without attempting to influence that behavior

+ High in external validity

- Low in internal validity

-Difficult to determine causation

#### ▪ **Case study**

In depth examination of a single individual, or a small group of individuals, often over an

extended period of time

- + Helpful in providing existence proof

- Existence proof: Demonstrates that a psychological phenomenon can occur

- + Useful in generating new hypotheses for future research

- Evidence is anecdotal and cannot be used to draw inferences

### **Types of research designs**

- **Correlation design**

Examines the extent to which two variables are associated with one another

Correlations can be positive, zero, or negative

Positive: Both variables change together in the same direction

Zero: The variables are not associated at all

Negative: The variables systematically change with each other, but in opposite directions

Range from -1 to 1

1 is a perfect positive correlation, -1 is a perfect negative correlation

- + Allows us to make predictions based on the discovered relationships

- + Allows us to study phenomenon that are impossible to study experimentally

- Correlation does not equal causation!!!

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- **Illusory Correlation**

The perception of a statistical association two variables where none exists

Many superstitions develop from illusory correlation

We fall into them for many of the same reasons we discussed in the last chapter ( pattern recognition, confirmation bias, belief perseverance, ext).

- **Independent Variable (IV)**

A variable whose variation does not depend on another variable

Manipulated by the experimenter

- **Dependent Variable (DV)**

A variable whose value is dependent on another variable

Measured by the experimenter to assess the effects of the independent variable

- **Experimental designs**

Research design characterized by random assignment of participants into conditions and manipulation of an independent variable