

Important Information for Exam #2:

This test will cover the following disorders:

Adjustment Disorder
Acute Stress Disorder
PTSD
Specific Phobia
Panic Disorder
Social Anxiety Disorder
Obsessive Compulsive Disorder
Generalized Anxiety Disorder
Major Depression (and all subtypes)
Dysthymia
Bipolar I
Bipolar II
Cyclothymia
Rapid cycling bipolar disorder
All Somatoform Disorders (as well as fictitious disorder, psychosomatic disorder, and malingering)
All Dissociative Disorders
Anorexia Nervosa (and all subtypes)
Bulimia Nervosa (and all subtypes)
Binge Eating Disorder
Suicide (not a disorder, but you should be familiar with what we covered about this behavior)

Basically, any disorder that is covered on the lecture slides may be on the exam.

You should focus the majority of your attention on information presented in class and on the slides for lectures. This is especially the case for the anxiety disorders, as much of the information (especially in regard to theories) is not covered in the text book. You should still read the chapters, but make sure you know the information presented in class.

The major thing you will be tested on is whether or not you know these disorders. Again, you do not have to memorize the exact symptoms of each disorder, but you should be familiar enough with the disorders to diagnose a disorder in a case study. In addition, pay particular attention to the differences between disorders (e.g., how does anorexia nervosa, binge/purge type differ from bulimia nervosa?; how does acute stress disorder differ from PTSD?), as well as the key symptoms of each disorder (e.g., in panic, the key symptom is uncued panic attacks; in GAD, the key symptom is worry).

You do not need to know specific brain structures not mentioned in the slides or the names of particular medications for the disorders. You do not need to know prevalence rates (even if discussed in class); however, you should be familiar with gender differences in the disorders, especially suicide. You do need to know symptoms,

treatments, risk/vulnerability factors, and theories of the disorders though. Direct information from the videos will not be on the test.

The test will again be 40 to 50 questions and multiple choice.

For Chapter 6, remember that you only need to read pgs. 191-214.