

Nutritional Assessment of Minerals

How much is too much

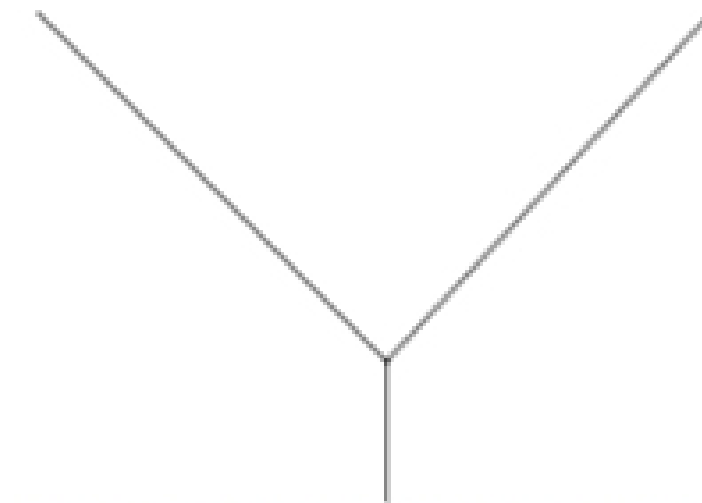
How much is not enough

How can we tell the difference

NUTRITIONAL CONCERNS

Evaluating Individual Need

Evaluating Individual Status



Setting Standards for optima

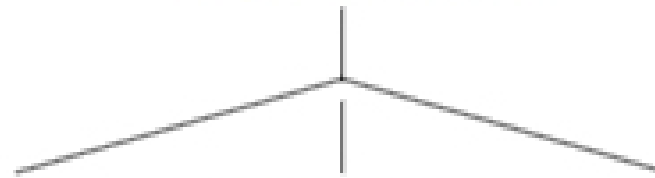
Population Approach

Experimental

Balance Studies

Biomarkers

Functional tests



Traditional Experimental Approaches to Determine Optimal Levels

Balance Studies

Purified Diets with varying Mineral Content

Standards of Excellence