

## **Pool of all possible dating partners**

Proximity

Attractiveness

Social Background

Consensus

Complementary – fit with the person feels right/compliment each other/they bring out the best in you...etc.

Readiness – individuals will often marry the person they are with when they feel ready to get married.

## **Married Couples**

I.C. Why are women wanting to be ready to marry sooner and also getting divorced sooner? Women learn who they are through marriage and figure out who they are through the marriage.

## Video Notes:

Romantic Love is quite involuntary and uncontrollable...you feel helpless – comes from neurotransmitters. High levels of these go to the brain and make you feel like you're in love

When you're very in love you are highly jealous and highly caring – possessive, obsessive and uncontrollable. Sexual exclusivity (cheating) is completely upsetting to a couple who is in love.

After 18 months the neurotransmitters decline so there is something else that keeps love going if you're still in love afterwards.

Robert Levenson explores what the love (glue) is that holds two people together. He found:

>Empathy - feeling what others feel – is a very important part of being in love.

Emotions test: How positive/negative is the male feeling during watching an emotional conversation with another couple. React to tones of voice and bodily reactions.

His research found that the presence of a smile in first few terms of a conversation could separate couples who are in love and couples who are not in love.

People who can really attune themselves to someone else's emotions occurs at its strongest when people are in love. Their heart beats the same as the person that they are watching and their reactions (BP, Heart Rate, Sweat) become similar.

#### Unrequited Love:

>When feelings for someone are not returned, also called "Love Sickness"

- Leads to persistence: Knowing the want for that person and pursuing it
- Lead to stalking/violence: Dangerous acts to win over someone
- 95% fall for this before 25 years old
- Advantage: Allows you to be a tragic romantic hero. People in early upbringing that didn't have a mother around very often are most often seen in participating in unrequited love

What do people want in long-term relationship/Marriage?

- Love/mutual attraction - **#1 cross culture**
- Intelligence
- Kindness
- Dependability

Free love is not very successful (having multiple partners)

- >Many people become jealous/angry
- >90% were unhappy

When sex is the rule but love is absent:

- >Driven by men