

## Review for Exam 1

75 multiple choice questions on Monday, Feb. 15, 2016

### Define these from textbook and class:

#### ❖ Schemas

- *Textbook* – an understanding of what it means to be male or female, from our interactions with others in our society. From the day we are born, we compartmentalize information about gender into a set of beliefs about men and women.
- *Class* – interrelated ideas that help individuals process information by organizing it in useful ways – could be considered a
  - Filter information the quickest way even if it isn't correct by 100 percent
    - Valuable tool in processing information like a filter
  - Like wondering if it's a girl or a boy and think of doing things with them even though you don't if it's a girl or boy yet
  - Recall/what comes to our mind due to cultures, experiences

#### ❖ Culture

- *Textbook* –
- *Class* – a collective – a person's roots – shared ways of living developed by a group

#### ❖ Ethnocentric Fallacy

- *Class* – belief that your own culture and practices are superior to those of others.
  - *Examples* – Island in the Pacific where the teenagers are expected to have sex as much with different people as they can until they settle down and experience the love or whatever... And European knowing about this is crazy and terrible.

- *Textbook* –

#### ❖ Inguinal Hernia

- *Google* - An inguinal hernia occurs in the groin area when fatty or intestinal tissues push through the inguinal canal. The inguinal canal resides at the base of the abdomen. Both men and woman have an inguinal canal. In men, the testes usually descend through this canal shortly before birth. In women, the canal is the location for the uterine ligament. If you have a hernia in this passage, it results in a protruding bulge that may be painful during movement.

- *Textbook* –

#### ❖ Blue balls aka epididymo-orchitis

- *Class* –

- o *Textbook* – is an inflammation of the testicles and epididymis that can occur if a man is sexually excited with no ejaculation.
- ❖ **Amenorrhea**
  - o *Class* – absence of menstruation, unrelated to aging
    - *Not having your period*
  - o *Textbook* –
- ❖ **Menopause**
  - o *Class* - complete cessation of menstruation
    - The end of a woman's fertility (i.e., when she no longer has menstrual/ovulatory cycles)
    - This is the final product, decreased estrogen and progesterone
  - o *Textbook* –
- ❖ **Norm/Norms**
  - o *Class* - cultural rules/standards
    - Normal & abnormal vs. "Sexual variation" & "typical-atypical"
      - Abnormal = people take it seriously like there is something wrong with you but actually it's just not in the range that people normally has like period at 8 when you normally get it at 10
  - o *Textbook* –
- ❖ **Sexual stereotype**
  - o *Class* - what we see, notice/remember, how we explain things
    - Social construct
    - Affects the way in which we process information
    - Overgeneralized ideas/beliefs of people or things
    - Social construct + schema= stereotypes
    - Simplistic, rigidly-held, over-generalized beliefs about people, things, or ideas.
    - Sexual Stereotypes can have a negative impact on the way we process information:
      - What we see
      - What we notice
      - What we remember
      - How we explain things
    - They also have a negative impact on we treat others and on the way we.....
  - o *Textbook* –
- ❖ **Correlation**
  - o *Class* – some relation between the two
    - A relationship between variables
    - Varied strengths

- DOES NOT IMPLY CAUSATION (one does not cause the other)
  - o Textbook –
- ❖ **Menarche**
  - o Class – when a female gets her first period – has her first menstrual cycle
  - o Textbook –
- ❖ **Acculturation**
  - o Class – process of adaptation by an ethnic group to the attitudes, behaviors, and values of the dominant culture
    - ADAPTATION
  - o Textbook –
- ❖ **Perimenopause**
  - o Class – A period gradual changes and adjustments a women's body goes through prior to menopause, before menstruation stops completely
    - The process leading up to the end of a woman's fertility
      - The process or journey
      - Hot flashes, feeling bloated, and etc. these are side-effect
  - o Textbook –
- ❖ **Endometriosis**
  - o Class – when intrauterine tissue (endometrium) is present outside the uterus. It often responds to hormones & the menstrual cycle – causing much pain, discomfort, and other problems.
  - o Textbook –

### Be familiar with:

- ❖ The determinants of breast size (class)
  - o Size = heredity + fat content + Milk glands & Ducts
- ❖ The primary components of semen (class & text)
  - o Ejaculated fluid containing sperm AKA seminal fluid
  - o Part 1: 60-80% fluid (fructose) for seminal vesicles
  - +
  - o Part 2: 15-30% fluid (spermin/alcholine) from prostate
  - +
  - o Part 3: 1% (fluid) sperm from the epididymis/testes
  - = SEMEN
- ❖ Key sexologists in history (class & text)
  - o Clelia Mosher – One of the first to study female physiology
    - Women's physician/ gynecologist
    - Women's health advocate who disapprove of Victorian stereotypes about the physical incapacities of women