

Chapter 10: Basics of Psychoanalysis

Objectives

- ▶ Discuss the key ideas of psychoanalysis
- ▶ Discuss Freud's theory of psychological development
- ▶ Discuss Freud's idea of how the mind is structured
- ▶ Discuss implications for psychotherapy and modern life

Freud Himself

- ▶ Medical doctor
- ▶ Left Austria when Hitler came to power
 - *Believed war proved that people are aggressive and destructive*
 - *Became a psychiatrist*