

## Exam 3 Review F/03

**45 multiple choice questions ( 2 pts each); NOT cumulative**

**Total Points Possible for Course: 300**

**270 from exams; 30 from Experiments (10 credits/5 credit hours) or Readings( 5 summaries)**

**Last Day to turn in summaries is Dec 11.**

**Assigned reading: You are responsible for all material in Chap 9 p292-299; Chap 13 p430-447; Chap 14 p463-482; Chaps 16, 17**

**Lecture material: be familiar with the following**

### Body Image Disorders

#### I. Eating Disorders

##### A). Anorexia:

- symptoms; age, sex of sufferers
- role of NPY(neuropeptide Y)
- cause: biological vs. cultural factors
- Norepinephrine system

##### B). Bulimia:

- symptoms
- role of serotonin
- treatment options

#### II. Muscle Dysmorphia

- symptoms
- steroid use and consequences

### Social Psychology

#### 1. Social Thinking

Attribution Theory: definition; dispositional vs. situational explanations

- Fundamental Attribution Theory

Attitudes: definition

- influence of actions on attitudes
- Cognitive Dissonance: definition
- Festinger Experiment: \$1 vs. \$20 conditions

#### 2. Social Influence

a). Zimbardo's prison experiment: social roles

b). Conformity, Compliance, and Obedience: Definitions

- Asch Experiment
- Conditions that Strengthen Conformity
- Reasons for Conforming: normative vs. social influences
- Milgram experiment
- Conditions that Strengthen Obedience: Legitimacy; distance from target

### Abnormal Disorders

How are Abnormal Behaviors Defined?

- Approaches: Biological; Cognitive-Behavioral ; Psychoanalytic
- Criteria Used to Judge Behavior as Abnormal: Atypical; Disturbing ; Maladaptive
- Diagnosis and Classification System; DSM-IV: Roschan Study on labels

## Anxiety Disorders

- Generalized Anxiety Disorders: symptoms
- Panic Disorders: Symptoms; causes
- Phobic Disorders: Simple; Social, agoraphobia . Cause: learning vs. Freudian theories (Little Hans)
- Obsessive-Compulsive Disorder: definitions; causes (serotonin)
- Somatoform Disorders: Hypochondriasis; Conversion Disorder (Glove paralysis; la belle indifference)

## Stress Disorders

### I. Dissociative Disorders

- Psychogenic Amnesia: Stress-induced Forgetting
- Fugue: Escape from Old identity
- Multiple Personality Disorder (MPD): Partitioning of Consciousness

### II. Other Stress Disorders

- Post-Traumatic Stress Disorder (PTSD)
- B. Disaster Syndrome

## Schizophrenia

- Symptoms & Subtypes
- Major Categories
  - 1.Paranoid: Delusions; Hallucinations
  2. Hebephrenic or Disorganized: Infantile Behavior; Bizarre thoughts; Emotional Instability
  3. Catatonic: " Waxy Flexibility"
- Subtypes: Positive vs. Negative: Symptoms; Prognosis
- Proposed Causes : Biological(Dopamine Hypothesis; Genetic Components); Role of stress

## Affective Disorders

- Unipolar Depression: Symptoms; Duration & Prognosis
- Causes: Psychoanalytic; Cognitive/bchav; Biological ( genetics; Serotonin & NE; Brain activity)
- Treatments: Anti-Depressants( Prozac and otherSSRIs); Behavioral/Cognitive Therapy; ECT
- Bipolar Disorder: symptoms; causes (genetics; serotonin&NE); lithium therapy)
- Seasonal Affective Disorder: symptoms; causes(circadian cycle; Serotonin); therapy