

# HDFS EXAM 2

2/28/13

**Identity:** a persistent sameness within one's self and a sharing of one's essential character with others.

3 most important characteristics in adolescent friendships

- intimacy
- mutual understanding (of feelings/values/beliefs)
- loyalty

Identity Issues:

- Vocational issues                      self in relation to others
- Political ideology                      sexual identity
- Spiritual ideology                      ethnic identity
- Interests                                  body image

The process of identity formation involves

- Crisis: a period of role experimentation and active exploration of possibilities or alternatives
- Commitment: making a choice among alternatives

Identity Statuses:

**Identity Achievement:** commitment made and crisis experienced

- The individual has resolved his/her identity crisis and made commitments to particular goals, beliefs, and values.

**Foreclosure:** commitment made and no crises experienced

- The individual seems to know who he/she is but has latched onto an identity prematurely without exploration

**Moratorium:** no commitment made and is experiencing crisis

- No healthy, but need to get out
- The individual is actively raising questions and seeking answers. Enduring commitments have not been made.

**Diffusion:** no commitment made and no crises experienced

- The person has not yet thought about or resolved identity issues and has failed to chart directions in life.
- "I don't care attitude"

- Most adolescents move from foreclosure or diffusion to either achieved or moratorium between mid-teens and mid-twenties

- one can be in a different identity status for various identity domains (can have the career but not the relationship)

-Relationships between parenting style and identity status:

- authoritative/democratic parenting with identity achievement
- authoritarian parenting correlated with identity foreclosure (parents way)
- permissive parenting correlated with identity diffusion

Achievement and Moratorium Statuses

- Higher self-esteem
- Feel more in control

- View education favorably
- More capable of sustaining intimate relationships

#### Foreclosure Status

- Dogmatic, rigid, defense
- Fear rejection

#### Diffusion Status:

- Less capable of intimacy
- Avoid making personal decisions
- Poor academic performance
- Poor time management
- More likely to abuse drugs and alcohol.

Females are more likely to be achieved (identity) in the area of interpersonal relationships (ex: freshman dating senior boy)

#### Privileged but Pressured

- Study done by Luthar, Becker, Latendress
- Children of poverty are more likely to have:
  - o Poor physical health
  - o Deficits in cognitive development & academic achievement