

Chapter 5: Cognitive Development in Infancy and Toddlerhood

- Stage 5: Tertiary Circular reactions (10-18 months)
 - Intrigued by the many properties of objects and by the many things they can make happen to objects
 - “little scientists”
 - “Now what can I do with this?”
 - Able to search in several places for hidden object
 - Purposefully explores new possibilities with objects
 - Ex- using a teething ring as a bracelet
- 6th stage: Internalization of schemes (18-24 months)
 - Primitive symbols
 - Mental representations of images and concepts
 - Experimenting with actions inside head
 - Deferred imitation: the ability to remember and copy behavior or models who aren't present
 - Ex- picking up a pen and pretending to write
 - Imitates behavior long after it's been observed
 - Ex- make believe play
- Mental Representations
 - Internal, mental depictions of objects, people, events, information
 - Can manipulate with mind
 - Allow deferred imitation and make-believe play
- Object Permanence
 - Understanding that objects continue to exist when out of sight
 - According to Piaget, develops in Substage 4
 - Incomplete at first: A-not-B search error (an infant sees an object placed under a specific location multiple times, then the object is placed in a new location to see if the infant will find it there)
- Piaget and Research Methods
 - Advanced research tools (i.e., habituation and fMRI), have shown that aspects of Piaget's sensorimotor intelligence actually occur earlier for most infants than Piaget predicted.
 - These findings do not negate Piaget's work, only update it.
- Evaluation of Sensorimotor Stage
 - Some developments happen at time Piaget described:
 - Object search, A-not-B, make-believe play
 - Many appear to happen sooner than Piaget thought:
 - Object permanence, secondary circular reactions, deferred imitation, problem solving by analogy
 - Deferred Imitation
 - Piaget: Develops at about 18 months
 - Newer research: Present at 6 weeks - facial imitation
 - 6 - 9 months - copy actions
 - Research
 - Many cog changes in infancy are gradual and continuous, not abrupt & stage like.

- These ideas form the basis for another major approach to cog dev:
 - Information Processing
 - In class example with wasabi peas
- Information Processing Approach
 - Looks at intelligence by breaking it down into its component processes
 - Paying attention to a stimulus
 - Encoding Info
 - Retrieving Info from memory
 - Comparing Different Pieces of Info
- Changes in Info Processing During 1st 2 years of life
 - Attend through Senses
 - Information first enters the sensory register, where sights and sounds are stored briefly before they decay or are transferred to short-term memory.
 - As attention abilities increase, baby becomes more efficient attenders
 - Attention
 - During the first year, infants pay attention to novel (new) events
 - Infants gradually become more efficient at managing their attention, taking information in more quickly with age.
 - By 4 months, infants' attention becomes more flexible, and they are better able to disengage or shift attention from one stimulus to another.
 - Sustained attention improves with the transition to toddlerhood and increasing capacity for intentional behavior
 - Encoding information
 - Encoding Information: convert information into code
 - Mental Representations
 - Internal, mental depictions of objects, people, events, information
 - Memory
 - Encoding advances allow information to be stored into memory more efficiently
 - But memory improves too
 - Operant conditioning research shows that infants' memories increase dramatically during infancy and toddlerhood—
 - 2-6 month old kick-to-activate mobile
 - Even very young infants (3 months) can remember IF:
 - Experimental conditions are "real life"/"life like"
 - Motivation is high
 - Special measures aid memory retrieval (repetition and reminders)
 - Example: Rovee-Collier's mobile experiment
 - The Research of Carolyn Rovee-Collier
 - Infant and toddler memory processing is largely nonverbal

- They rely heavily on nonverbal memory techniques, such as visual images and motor actions and senses
 - Recognition (noticing whether a stimulus is identical or similar to one previously experienced, is the simplest form of memory)
 - Recall—more complex, involves remembering a stimulus without perceptual support, by generating a mental image of the past experience. (recalling the code or representation of the stimulus)
 - Infants can engage in recall by the end of the first year
 - Long term recall requires brain growth
 - Depends on connections among multiple regions of the cerebral cortex—neural circuits that develop rapidly in the second year
 - Despite infants' surprising memory skills - infantile amnesia
 - Most people don't remember anything before age 3
 - Students in our class seemed to have earliest memories between 2 and 6 years old
- Organization/Categorization
 - Even young infants organize their physical, emotional, and social worlds by categorizing similar objects and events into a single representation
 - By 6 months, infants can categorize based on two features (ex- shape, color)
 - Earliest categories are perceptual (based on shape, size, other physical properties), but by the second half of the first year, more categories are conceptual (based on common function & behavior)
 - In the second year, children actively categorize items during their play.
 - Exploration of objects and expanding knowledge of the world contribute to older infants' capacity to move beyond physical features and group objects by their functions and behaviors
 - Ex- inside and outside toys
 - Categorization aids in
 - Encoding
 - Memory storage
 - Recall/retrieval from long term memory
 - Language builds on and facilitates categorization
- Also: Increase in Speed of Information Processing
 - As children grow, they process information faster
 - Due to myelination of axons
 - Pruning leading to more efficient and stronger pathways
 - "use it or lose it"
- Language Development
 - Lang dev clip
 - Language is receptive and expressive