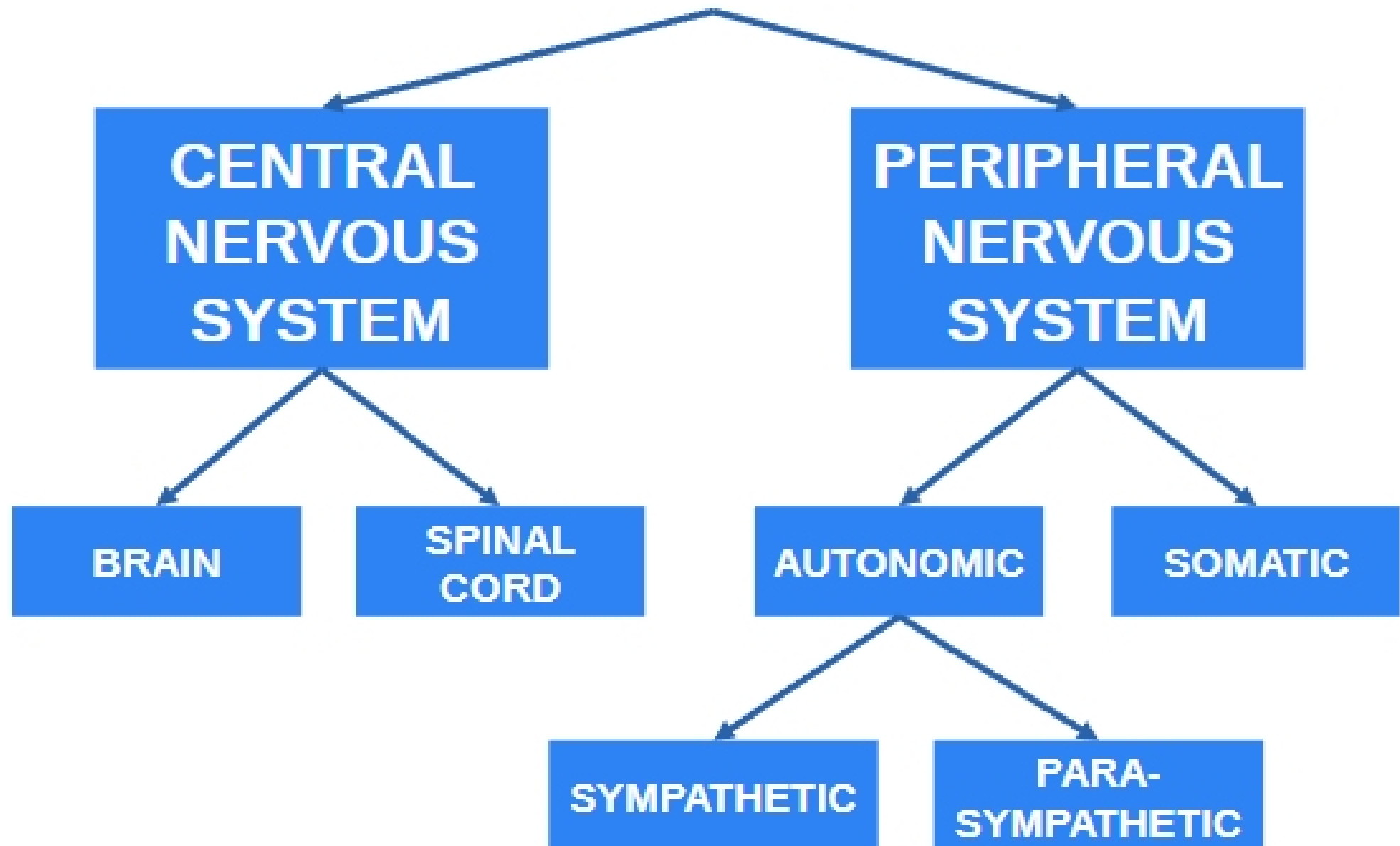


# THE NERVOUS SYSTEM



# AUTONOMIC NERVOUS SYSTEM

## 1. Sympathetic Nervous System

- High energy usage
- Prepares for fight or flight
  - Pupils open
  - Pulse quickens
  - Adrenaline released

## 2. Parasympathetic Nervous System

- Conserves energy
- Prepares for rest
  - Pupils constrict
  - Pulse slows

