

Final Exam Study Guide / Chapters 15-19

Chapter 15:

What determines middle age?
Vision and hearing in middle age
Changes in appearance and physical loss
Menopause
Health Trends
SES and health
Osteoporosis
Stress
Emotions and health
Schaie study
Fluid & Crystallized intelligence & expertise
Creativity and age

Chapter 16:

Normative stage models (Jung) and Erik Erikson
Men in mid life (Levinson's research)
Midlife crisis
Whitbourne's identity process model- two processes
Narrative life span goals
Men and gender identity - Gutmann's research
Emotionality in midlife
Cartensen's socio-emotional selectivity theory
Marriage and divorce in middle adulthood
Friendships in middle adulthood
Empty nest
Caring for aging parents and grandparenthood

Chapter 17:

Ageism
Primary and secondary aging, and the study of aging
Ethnic differences in aging
Theories of aging
Prolongevity- expanding the life span
Aging brain
Older eyes and visual impairments
Physical losses in old age
Chronic health problems and mental health problems and dementia
Alzheimer's- specifically causes
Memory changes and losses

Chapter 18:

Erikson
Coping & coping models
Ambiguous loss
Early healthy Adjustment theories
Atchely's Continuity theory
Work and retirement

Older workers and job performance
Time-use patterns of retirees
Living arrangements of age 65+
Social theories
Multigenerational families

Chapter 19:

Aspects of death
Mortality revolution
Hospice care
Terminal Drop
Kubler-Ross
Grieving
Ambiguous loss
Understanding Death in childhood
Suicide warnings
Hastening death
Advance directives