

Kinematics

$$\Delta \vec{r} = \vec{r} - \vec{r}_0$$

$$\vec{v}_{\text{avg}} = \frac{\Delta \vec{r}}{\Delta t}$$

$$\vec{v} = \frac{d\vec{r}}{dt}$$

$$\vec{a}_{\text{avg}} = \frac{\Delta \vec{v}}{\Delta t}$$

$$\vec{a} = \frac{d\vec{v}}{dt} = \frac{d^2\vec{r}}{dt^2}$$

$$\text{average speed} = \frac{\text{distance travelled}}{\Delta t}$$

in Cartesian components (3-D):

$$\vec{r} = x\hat{i} + y\hat{j} + z\hat{k}$$

$$\vec{v} = \dot{x}\hat{i} + \dot{y}\hat{j} + \dot{z}\hat{k}$$

$$\vec{a} = \ddot{x}\hat{i} + \ddot{y}\hat{j} + \ddot{z}\hat{k}$$

in plane polar components (2-D):

$$\vec{r} = r\hat{r}$$

$$\vec{v} = \dot{r}\hat{r} + r\dot{\theta}\hat{\theta}$$

$$\vec{a} = (\ddot{r} - r\dot{\theta}^2)\hat{r} + (r\ddot{\theta} + 2\dot{r}\dot{\theta})\hat{\theta}$$

Angular Kinematics

$$\Delta\theta = \theta - \theta_0$$

$$\omega_{\text{avg}} = \frac{\Delta\theta}{\Delta t}$$

$$\omega = \frac{d\theta}{dt}$$

$$\alpha_{\text{avg}} = \frac{\Delta\omega}{\Delta t}$$

$$\alpha = \frac{d\omega}{dt} = \frac{d^2\theta}{dt^2}$$

1-D motion (x or θ) with constant acceleration (a or α)

$$v = v_0 + at$$

$$x = x_0 + v_0t + \frac{1}{2}at^2$$

$$v^2 - v_0^2 = 2a(x - x_0)$$

$$v_{\text{avg}} = \frac{v + v_0}{2}$$

$$\omega = \omega_0 + \alpha t$$

$$\theta = \theta_0 + \omega_0t + \frac{1}{2}\alpha t^2$$

$$\omega^2 - \omega_0^2 = 2\alpha(\theta - \theta_0)$$

$$\omega_{\text{avg}} = \frac{\omega + \omega_0}{2}$$

Uniform Circular Motion

$$\vec{v} = R\omega\hat{\theta}$$

$$\vec{a} = -R\omega^2\hat{r} = -\frac{v^2}{R}\hat{r}$$

Non-uniform Circular Motion

$$\vec{v} = R\omega\hat{\theta}$$

$$\vec{a} = -R\omega^2\hat{r} + R\alpha\hat{\theta}$$

Relative Velocity

$$\vec{v}_{(\text{C relative to A})} = \vec{v}_{(\text{C relative to B})} + \vec{v}_{(\text{B relative to A})}$$

$$\vec{v}_{(\text{B relative to A})} = -\vec{v}_{(\text{A relative to B})}$$

Simple Harmonic Motion

The differential equation

$$\frac{d^2x(t)}{dt^2} + \omega_0^2 x(t) = 0$$

represents a simple harmonic oscillator, and has solutions of the form

$$x(t) = A \cos(\omega_0 t + \phi)$$

where:

ω_0 is the angular frequency.

A and ϕ are arbitrary constants that depend on the initial conditions.

$$f = \frac{1}{T} = \frac{\omega_0}{2\pi} \quad (\text{relation between frequency, period, and angular frequency})$$

$$\omega_0 = \sqrt{\frac{k}{m}} \quad (\text{angular frequency of a simple mass-spring oscillator})$$

Rolling Without Slipping

$$V_{\text{cm}} = \pm R\omega$$

Dynamics

$$\sum \vec{F} = m\vec{a} \quad (\text{Newton's 2nd Law for a single particle})$$

$$F_G = \frac{Gm_1m_2}{r^2} \quad (\text{gravitational force of attraction between two particles})$$

$$F_G = mg \quad (\text{gravitational force on a mass } m \text{ near the surface of the Earth})$$

$$f = \mu_k N \quad (\text{kinetic friction})$$

$$f \leq \mu_s N \quad (\text{static friction})$$

$$F = -kx \quad (\text{Hooke's Law: linear restoring force})$$

Momentum

$$\vec{p} = m\vec{v} \quad (\text{momentum of a particle})$$

$$\sum \vec{F} = \frac{d\vec{p}}{dt} \quad (\text{Newton's 2nd Law for a single particle, in terms of momentum})$$

$$\vec{F}_{\text{avg}} = \frac{\Delta\vec{p}}{\Delta t} \quad (\text{definition of average [net] force})$$

Systems of Particles

$$M = \sum_j m_j \quad \text{(total mass of a system of particles)}$$

$$\vec{P} = \sum_j \vec{p}_j \quad \text{(momentum of a system of particles)}$$

$$\sum \vec{F}_{\text{ext}} = \frac{d\vec{P}}{dt} \quad \text{(Newton's 2nd Law for a system of particles)}$$

Center of Mass

$$\vec{R}_{\text{cm}} = \frac{\sum_j m_j \vec{r}_j}{\sum_j m_j} \quad \text{(center of mass of a system of particles)}$$

$$\vec{P} = M\vec{V}_{\text{cm}} = M \frac{d\vec{R}_{\text{cm}}}{dt} \quad \text{(momentum of a system of particles, in terms of CM)}$$

$$\sum \vec{F}_{\text{ext}} = M\vec{A}_{\text{cm}} = M \frac{d^2\vec{R}_{\text{cm}}}{dt^2} \quad \text{(Newton's 2nd Law for a system of particles, in terms of CM)}$$

Thrust Equation

$$M \frac{d\vec{v}}{dt} = \sum \vec{F}_{\text{ext}} + \vec{u}_{\text{rel}} \frac{dM}{dt}$$

\vec{u}_{rel} is the velocity of the entering (or leaving) mass particles relative to the main object.

Rotational Dynamics

$$\vec{L} = \vec{r} \times \vec{p} \quad \text{(angular momentum of a particle about the origin)}$$

$$\vec{\tau} = \vec{r} \times \vec{F} \quad \text{(torque about the origin due to a force } \vec{F} \text{)}$$

$$\sum \vec{\tau} = \frac{d\vec{L}}{dt}$$

For a system of particles,

$$\sum \vec{\tau}_{\text{ext}} = \frac{d\vec{L}}{dt}$$

Rigid Bodies

$$I = \sum_j m_j R_j^2 \quad \text{(moment of inertia of a rigid body)}$$

$$I_{\parallel} = I_{\text{cm}} + M d^2 \quad \text{(Parallel Axis Theorem)}$$

$$I_z = I_x + I_y \quad \text{(Perpendicular Axis Theorem, for a 2-D object in the } xy \text{ plane)}$$