

# Drug Metabolism

- **Most metabolic products are less pharmacologically active**

## Important exceptions:

- Where the metabolite is more active  
(Prodrugs, e.g. Erythromycin-succinate (less irritation of GI) → Erythromycin)
- Where the metabolite is toxic (acetaminophen)
- Where the metabolite is carcinogenic

- **Close relationship between the biotransformation of drugs and normal biochemical processes occurring in the body:**

- Metabolism of drugs involves many pathways associated with the synthesis of endogenous substrates such as steroid hormones, cholesterol and bile acids
- Many of the enzymes involved in drug metabolism are principally designed for the metabolism of endogenous compounds
- These enzymes metabolize drugs only because the drugs resemble the natural compound

# Phases of Drug Metabolism

- **Phase I Reactions**

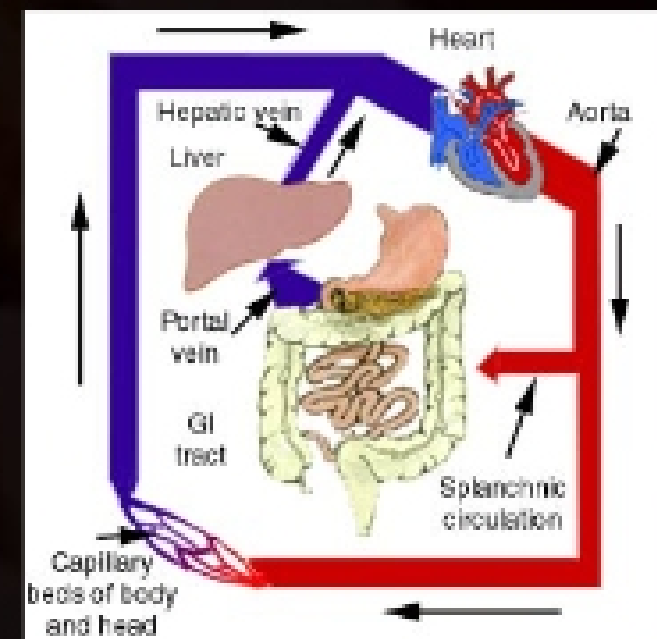
- Convert parent compound into a more polar (=hydrophilic) metabolite by adding or unmasking functional groups (-OH, -SH, -NH<sub>2</sub>, -COOH, etc.)
- Often these metabolites are inactive
- May be sufficiently polar to be excreted readily

- **Phase II Reactions**

- Conjugation with endogenous substrate to further increase aqueous solubility
- Conjugation with glucoronide, sulfate, acetate, amino acid
- Phase I usually precede phase II reactions

## **Liver is principal site of drug metabolism:**

- Other sites include the gut, lungs, skin and kidneys
- For orally administered compounds, there is the **“First Pass Effect”**
  - Intestinal metabolism
  - Liver metabolism
  - Enterohepatic recycling
  - Gut microorganisms - glucuronidases



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