

What is the difference between positive and negative reinforcement? In your opinion is either more effective? Why or why not? Start your response off with a definition of positive and negative reinforcement. You may also want to discuss how negative reinforcement and punishment are different.

What is the difference between positive and negative reinforcement?

With positive reinforcement, it increases the chances the behavior will happen again, in the near future. If the counselor has a favorable response from the client from doing a relaxation exercise, and if the response is favorable, the counselor will see this as a positive reinforcer. Unlike the positive reinforcement, negative reinforcement, that anything will increase their probability of a response to a result of avoiding something negative that could have occurred, if the behavior would have not been emitted. An example would be a person who avoids getting on fast amusement rides at theme parks, and is strengthened by the relief when it comes from avoiding such activity.

In your opinion is either more effective?

I would think with the positive reinforcement, which after awhile the client would be accustomed to receiving a reward for his good actions. Then sometime in the near future, when the client is not in a controlled environment to receive his just reward, for doing what should be a normal process as for the rest of society. After working with gang youths for the ten years, that there had to a balance of the positive and negative reinforcement, that when choices, many of them will take the easy way out, so not to be held responsible for their actions. That knowing that there is no set standard, because everyone is different, as different actions need to happen.

Response 2

What is the difference between positive and negative reinforcement?

The difference between positive and negative reinforcement is while positive reinforcement rewards an individual for following the rules, negative reinforcement takes away in order to promote positive attitudes. For instance in positive reinforcement a parent will give the child a prize for completing a chore so the child can do the same thing again. Negative reinforcement would be to take away something from a child in order to aim for the prize by completing the chore.

In your opinion is either more effective? Why or why not? Start your response off with a definition of positive and negative reinforcement.

Positive reinforcement - a form of conditioning in which the individual receives something pleasurable or desirable as a consequence of his or her behavior.

Negative reinforcement – a form of conditioning involving the removal of an aversive event as a result of the appearance (or disappearance) of the target behavior.

In my opinion both would be effective as with positive reinforcement you reward an individual for completing a task. As with negative reinforcement you take away for not completing a task, but on the contrary can lead to influence the individual to complete a task in order to receive a reward that may be beneficial to them.

Discuss how negative reinforcement and punishment are different.

In my opinion negative reinforcement and punishment are different because negative reinforcement can be used to strengthen an individual's behavior, whereas punishment on the other hand can weaken an individual's behavior as they may be exposed to other behaviors.